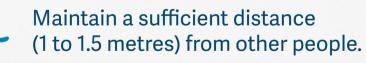
## Hygiene for sneezing and coughing Avoid the flu and other infectious diseases!









- Don't touch your mouth, eyes or nose with your hands.
- Regularly clean door handles, phones, light switches, etc.
- Wash your hands with soap and water regularly.
- Always dry your hands on a paper towel, not a shared cloth towel.

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